

THE REAL GREEK

LUNCH MENU

CHOOSE BETWEEN

GREEK TRIO

VEGAN PLATE

SOUVLAKI WRAP & SIDE

OR GREEK PLATE

PLUS GREEK FISH & CHIPS FRIDAYS!

FOR 9.50

AVAILABLE

MONDAY – FRIDAY

12.00PM – 5.00PM

LUNCH 9.50 MENU

CHOOSE BETWEEN

GREEK TRIO

TOP

GREEK FLATBREAD 202kcal V VG OR

CRUDITÉS 18kcal V VG GF

With two ramekins of:

HOUMOUS 100kcal V VG GF OR

TZATZIKI 71kcal V GF OR

TARAMASALATA 186kcal OR

SPICY FETA DIP (HTIPITI) 126kcal V GF OR

MELITZANOSALATA 85kcal V VG GF OR

YELLOW FAVA 99kcal V VG GF

(Choose two dips)

MIDDLE

Choose one:

SPINACH TIROPITAKIA 792kcal V OR

GRILLED AUBERGINE 97kcal V VG GF OR

CHICKEN SKEWER 260kcal GF OR

FALAFEL 512kcal V VG OR

BBQ CHICKEN WINGS 458kcal GF OR

LOUKANIKO BEEF & PORK SAUSAGE SKEWER 613kcal OR

PORK SKEWER 267kcal GF OR

DOLMADES 426kcal V GF OR

GIGANDES WITH SPINACH 540kcal V VG GF

BOTTOM

Choose one:

MEDITERRANEAN RICE 378kcal V GF OR

CHIPS 813kcal V VG OR

NEW POTATOES 325kcal V VG GF OR

POURGOURI-BULGUR WHEAT 190kcal V VG

SOUVLAKI WRAP & SIDE

CHOOSE ONE WRAP

Served with chips inside

LOUKANIKO BEEF & PORK SAUSAGE with Aegean Slaw. 747kcal OR

PORK with Tzatziki. 931kcal OR

CHICKEN with Greek mustard sauce. 751kcal OR Tzatziki. 620kcal OR

LAMB MEATBALLS with minted yoghurt. 559kcal OR

HALLOUMI with minted yoghurt. 714kcal V OR

FALAFEL with tahini. 684kcal V VG OR

KALAMARI with Taramasalata & cucumber ribbons (no chips inside). 428kcal

CHOOSE ONE SIDE

GREEK SALAD 269kcal V GF OR

CHIPS 813kcal V VG OR

MEDITERRANEAN RICE 378kcal V GF OR

NEW POTATOES 325kcal V VG GF OR

AEGEAN SLAW 240kcal V VG GF OR

POURGOURI-BULGUR WHEAT 190kcal V VG

GREEK PLATE

CHOOSE BETWEEN

CHICKEN SKEWER 229kcal GF OR

LAMB MEATBALLS 435kcal OR

LOUKANIKO BEEF & PORK SAUSAGE SKEWER 565kcal OR

PORK SKEWER 228kcal GF OR

FALAFEL 137kcal V VG OR

HALLOUMI & VEGETABLE SKEWER 516kcal V GF

All served with:

WARM FLATBREAD 202kcal V VG

MEDITERRANEAN RICE 163kcal V GF

TZATZIKI 61kcal V GF

GREEK SALAD 85kcal V GF

VEGAN 9.50 LUNCH MENU

CHOOSE BETWEEN

VEGAN PLATE

A selection of our best vegan dishes, including:

GREEK FLATBREAD 202kcal V VG

CRUDITÉS 58kcal V VG GF

HOUMOUS 131kcal V VG GF

MELITZANOSALATA 112kcal V VG GF

YELLOW FAVA 124kcal V VG GF

CHICKPEA REVITHIA 219kcal V VG GF

GIGANDES WITH SPINACH 205kcal V VG GF

POURGOURI-BULGUR WHEAT 69kcal V VG

VEGAN SOUVLAKI WRAP & SIDE

CHOOSE ONE WRAP

Served with chips inside

VEGAN MEATBALLS with vegan aioli. 673kcal V VG OR

FALAFEL with tahini. 684kcal V VG OR

planted. VEGAN CHICKEN with vegan tzatziki. 863kcal V VG

CHOOSE ONE SIDE

"NO FETA" GREEK SALAD 200kcal V VG GF OR

AEGEAN SLAW 240kcal V VG GF OR

NEW POTATOES 325kcal V VG GF OR

CHIPS 813kcal V VG OR

POURGOURI-BULGUR WHEAT 190kcal V VG

GREEK FISH & CHIPS FRIDAYS 9.50

SALT COD, SERVED WITH CHIPS & TARAMASALATA, SPRINKLED WITH LEMON ZEST. 850kcal
*AVAILABLE ON FRIDAYS ONLY

FULL ALLERGEN INFO AVAILABLE ON REQUEST

V items are suitable for vegetarians.
VG items are suitable for vegans.
GF items are suitable for coeliacs.

Although dishes identified are gluten free, as we have products in the restaurant that contain gluten, there is a possibility that traces of gluten may still be found in them. The same situation can occur with our vegetarian and vegan dishes, which can come in contact with other products. Menu descriptions may not include all ingredients; more detailed allergen information is available upon request. All our dishes may contain traces of nuts. Available for dine-in only. Cannot be used in conjunction with any other offer or promotion / discount. Not valid on Bank Holidays.

For your total meal calories, don't forget to add up the Kcal from the options you select. Adults need around 2000 kcal a day

AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL